Dr. Zohar is Director at the Division of Psychiatry at Chaim Sheba Medical Center, Israel, and Chief Psychiatric Advisor to the Israeli Ministry of Defence. Dr. Zohar is a professor of Psychiatry at the Sackler Faculty of Medicine, Tel Aviv Universality. Dr. Zohar is currently President of the European College of Neuropsychopharmacology (ECNP), immediate past-Chair of the International College of Obsessive-Compulsive Spectrum Disorders (ICOCS). He is Chair of the Israeli consortium on PTSD, and a board member for the International Master in Affective Neuroscience.

Dr. Zohar has been honored with several awards, including the Fogarty International Research Fellowship Award (1984), the A.E. Bennet Award for Clinical Research (1986 and 2002), ECNP – Lilly Neuroscience Award for Clinical Research (1998), and the WFSBP Award for Excellence in Education (2001).

Dr. Zohar has authored 300 papers, has written or edited 14 books focusing on refractory depression, OCD and post-traumatic stress disorder, and was the founding associate editor of CNS Spectrums and of the World Journal of Biological Psychiatry.

Dr. Zohar is considered a world expert on posttraumatic stress disorder, and has recently received funding from the American National Institute of Mental Health (NIMH) to explore the potential of hydrocortisone in the immediate aftermath of trauma, as a preventive measure against the development of PTSD.